

Jennifer Buckley

Jennifer is a certified dance fitness instructor and choreographer. She has been teaching dance fitness classes in the Bedford area for several years, including the popular Lane School afterschool program KidsJam. In 2015, Jennifer founded GrooveWrx, LLC and now focuses on creating new programs to build youth empowerment through fitness. Her latest classes include The Girl Power WrxShop, a unique afterschool experience for 5th grade girls that focuses on celebrating self-confidence and The Mighty Squad dance team, a partnership with Bedford Recreation Department, Bedford Schools and METCO. In addition to her love of dance, Jennifer is also an advanced student at Callahan's Karate in Bedford and a part of their Leadership Team.